This presentation is designed to assist you in becoming familiar with all Kean University, New Jersey Athletic Conference (NJAC) and NCAA rules and regulations.
CONDUCT & BEHAVIOR

All student-athletes, coaches and staff members of Kean University are ambassadors of the institution and must conduct themselves in a manner that is of the highest possible standards at all times both on and off the campus.

• Foul, abusive or negative language will not be tolerated
• Sexual innuendos, remarks and harassment are grounds for immediate dismissal from the program
• Any inappropriate conduct in the classroom, in the residence halls, the dining facility or for that matter, anywhere on or off the campus will not be tolerated and are grounds for immediate dismissal from the program.
• Keep your emotions in check! Fighting, taunting, showboating or any overt signs of aggression will be dealt with in accordance with NJAC and NCAA regulations.
• While in hotel rooms, any damage or stolen items will result in legal sanctions and dismissal.
• No outside individual(s) including parents and friends are allowed in your hotel rooms at any time without the direct consent of the head coach
For Academic Responsibilities:

- Your academic responsibilities are your first priority.
- It is a privilege, not a right to participate in intercollegiate athletics.
- You must report to each and every practice session and competition.
- You are required to try-out for your team each and every year - you are not guaranteed a spot or position on a yearly basis.
- If injured, you are required to attend all rehabilitation and athletic training treatments as necessary.
- In the event of an emergency, you must notify the head coach of your absence from practice or competition.
- You must participate in all fundraising activities conducted by and for the team.
- If at anytime, you feel you are being subjected to any mental, physical or emotional abuse, you have the right to address these concerns with the Athletics Administration without fear of retaliation or retribution.

For Student Rights:

- You have the right to address concerns with the Athletics Administration without fear of retaliation or retribution.
- You have the right to seek assistance from the Athletics Administration.
- You have the right to participate in all fundraising activities.
Your head coach will provide all team rules and regulations.

Rules that refer to player appearance, training, curfew and conduct shall be made known by the head coach prior to the start of the season.

All decisions related to individual and team performance (i.e.: playing time, position, traveling squad, etc... ) are the decision of the head coach and are FINAL!
NEW JERSEY ATHLETIC CONFERENCE
CODE OF CONDUCT

The NCAA, the NJAC and Kean University promote good sportsmanship by student-athletes, coaches, staff and spectators. We request your cooperation by supporting participants and officials in a positive manner. Profanity, racist, sexist or homophobic comments or other intimidating actions directed at officials, student-athletes, coaches, team representatives or spectators will not be tolerated and are grounds for removal from the site of competition.
KEAN UNIVERSITY HAZING POLICY

Any activity which subjects a student to

- Harassment
- Intimidation
- Physical exhaustion
- Mental distress
- Endangers physical safety, produces mental or physical discomfort, embarrassment, fright or ridicule, humiliation or degrades the individual.

All individuals involved in these types of activities will be prosecuted to the fullest extent of the law.
FACILITIES

NO

sunflower seeds
chewing gum
tobacco

PLEASE CLEAN UP AFTER ALL PRACTICES AND GAMES

- put your equipment away
- throw paper, cups, empty bottles and athletic bandages in the garbage cans
- TAKE PRIDE IN OUR FIRST-CLASS FACILITIES
ALCOHOL, DRUGS & TOBACCO

Kean University has a drug, alcohol and tobacco policy which will be covered in depth by the Athletics Training Staff. Coaches are to refer any violations they are aware of to Denise Wujciak, Head Athletic Trainer.

Anyone chewing tobacco at a practice or contest will be immediately suspended for the remainder of the practice or contest and will be subject to further sanctions as deemed appropriate.
ELIGIBILITY REQUIREMENTS FOR PRACTICE AND COMPETITION
TO PRACTICE
prior to the start of classes:

**FRESHMEN & TRANSFERS**
- must be accepted as a full-time baccalaureate degree seeking student.
- transfer students must meet NCAA transfer requirements.

**RETURNING STUDENT-ATHLETES**
- must be in good academic standing.
- must have completed 24 credits the previous academic year (mid-year transfers must have completed 12 credits).
Both

- complete a physical examination by the Kean physicians and training staff along with all insurance documentation.
- complete the NCAA Drug Testing Consent Form.
- complete all necessary eligibility paperwork.

Once classes begin, you must be enrolled for a minimum of 12 credits.
In order to be eligible to COMPETE, you must:

- Meet all the requirements to practice.
- Complete and sign the NCAA Student-Athlete Statement.
- Complete All Kean University and NJAC Forms.
- Meet all NJAC, NCAA and Kean University Eligibility Requirements.

- Be enrolled for a minimum of 12 credits

**EXCEPTION:** if you are in your final semester of collegiate enrollment and you need to take less than 12 credits to graduate, you can be granted an exception to this rule

**PERMISSION FOR THIS EXCEPTION MUST BE IN WRITING FROM THE REGISTRAR’S OFFICE**
GOOD ACADEMIC STANDING

GOOD ACADEMIC STANDING AT KEAN UNIVERSITY IS DEFINED AS A STUDENT WHO IS NOT ON PROBATION!

If at any time, during any semester, your cumulative grade point average falls below a 2.00, you will be placed on academic probation and immediately become ineligible to practice and compete.

DISMISSAL:

- less than 30 credits with a 1.6 GPA
- less than a 1.8 GPA with more than 30 credits
- Any 3 semesters on probation

To become eligible once placed on probation, you need to attain a 2.00 GPA
NJAC ACADEMIC REQUIREMENTS

In addition to all NCAA & Kean rules, the NJAC requires all student-athletes to complete 24 credits each academic year in order to be eligible for subsequent years.

The NJAC grade point requirement is not applicable to Kean University Student-Athletes. The institution requires a minimum 2.00 GPA.
Student-Athletes who fail to meet the NJAC satisfactory progress requirement may utilize a ONE-TIME waiver of the rule if they have completed at least 12 credits during the past academic year.

This waiver is needed to compete and can be used only ONE time during your four year career.

**NOTE:** This waiver CANNOT be used for eligibility purposes should you transfer to another institution.
IF YOU ARE INELIGIBLE UPON TRANSFERRING, YOU MUST COMPLETE A YEAR OF RESIDENCY WHICH IS TWO (2) FULL-TIME SEMESTERS WITH A 2.00 GPA & 24 CREDITS EARNED
REGISTRATION & ADVISEMENT

Student-Athletes can register earlier than their respective classmates.

This will allow you to register for classes that will not impact on the practice and competition schedules that exist as a student-athlete.

Coaches will announce to the team the early registration date for all underclassmen each semester.

All students must see their academic advisor and have all holds removed from their accounts before being permitted to register.
STUDY HALLS

Study Halls are conducted on a team by team basis. Coaches will provide all team members with the requirements, hours and rules concerning study halls.

There is a computer lab available for use by student-athletes. It is located on the second floor of Harwood Arena.
MEDICAL HARDSHIP WAIVERS

Student-Athletes who sustain a season ending injury and meet the following regulations, may be eligible to apply for a one-time medical hardship waiver.

❖ injury/illness must occur in the first half of the season
❖ must render you incapable of competing for the remainder of the season
❖ you could not have played in more than 33% of the total number of contests completed by the team for the year

Medical documentation and statistical data must be submitted to the conference office.

Should you feel that you meet these regulations, see Denise Wujciak, Head Athletic Trainer or Kim DeRitter, Compliance Officer. If approved, the year will be reinstated.
Seasons of Participation

A student-athlete can receive up to 4 seasons of intercollegiate participation in any one sport.

A student-athlete must use his or her seasons of participation during the first 10 full-time semesters he or she is registered in any collegiate institution.
PLAYING AND PRACTICE SEASONS

All Coaches must determine their playing and practice seasons for the academic year based upon NCAA regulations

Traditional and Non-Traditional Seasons

TRADITIONAL: That period of practice that ends with the NCAA Championship in your sport.
PLAYING AND PRACTICE SEASONS

NON-TRADITIONAL: The opportunity to conduct 16 practices with one date of competition, (no competition allowed for football). There may not be more than 4 practices in any one week during this period.
YOU MAY NOT PARTICIPATE WITH AN OUTSIDE TEAM DURING THE TRADITIONAL OR NON-TRADITIONAL SEASONS.

DOING SO WILL RESULT IN YOUR INELIGIBILITY FOR INTERCOLLEGIATE ATHLETICS
All student-athletes who wish to play on any outside team at any time of the year must have approval from the athletics administration prior to competing with that league or team.
Involvement with Professional Teams

Tryout With Professional Team - A student-athlete may try out with a professional athletics team in a sport or permit a professional athletics team to conduct medical examinations at any time outside the student-athlete’s playing and practice season WITH PROVISIONS.

Permission must be given PRIOR to the tryout by the compliance officer.
Practice Without Competition - Following initial full-time collegiate enrollment, an individual may participate in practice sessions conducted by a professional team, provided such participation meets the requirements of NCAA legislation governing tryouts with professional athletics teams and the individual does not:

(a) Receive any compensation for participation in the practice sessions;

(b) Enter into any contract or agreement with a professional team or sports organization; or

(c) Take part in any outside competition (games or scrimmages) as a representative of a professional team.
PRIZES AND AWARDS

The following awards are PROHIBITED

• CASH – You many not receive a cash award for any athletics participation

• GIFT CERTIFICATES – Gift certificates or gift cards
Extra Benefit

An extra benefit is any special arrangement by an institutional employee or a representative of the institution’s athletics interests to provide a student-athlete or the student-athlete’s relative or friend a benefit not expressly authorized by NCAA legislation. Receipt of a benefit by student-athletes or their relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the institution’s students or their relatives or friends or to a particular segment of the student body (e.g. foreign students, minority students) determined on a basis unrelated to athletics ability.
BENEFITS & ELIGIBILITY

Eligibility Effect of Violation

Receipt by a student-athlete of an award, benefit or expense allowance not authorized by NCAA legislation renders the student-athlete ineligible to compete while representing the institution in the sport for which the improper award, benefit or expense was received. If the student-athlete receives an extra benefit not authorized by NCAA legislation or an improper award or expense allowance in conjunction with competition that involves the use of overall athletics skill (e.g. superstars competition), the individual is ineligible in all sports.
CROWDFUNDING

• A student-athlete is not permitted to set up his or her own profile on a crowdfunding website to solicit funds to pay for expenses associated with competition and practice for an outside team.

• A student-athlete is not permitted to set up his or her own crowdfunding website and use his or her name, picture, athletics reputation or skill to solicit funds to buy items (e.g., laptop, car, food, school supplies, athletics equipment).
SOCIAL NETWORKING WEBSITES

Freedom of Speech entitles you to post freely on social networking websites.

However, if anything posted is in violation of team, University or NCAA regulations, you will be held responsible and will be subject to further disciplinary action.

Student-athletes are responsible for all information and photos of themselves, even if posted by others or on someone else’s site.
SOCIAL NETWORKING WEBSITE
Important to protect yourself not only for the sake of participating in intercollegiate athletics, but also for future career opportunities, acceptance to graduate school and personal safety

• Anything posted online is available to anyone in the world
• DO NOT POST information, photos or other items that could embarrass you, your family, your team, the athletic department or Kean University
  – This includes information, photos, etc. posted by others on your page or another page
• Potential employers, internship supervisors, graduate programs and scholarship committees use these sites to screen applicants
SOCIAL NETWORKING WEBSITES
Things to consider when posting

• Does it contain foul language or abrasive content?
  • Is everyone fully clothed?
  • Have you been drinking?
  • Does it slander anyone?
  • Will anyone be offended by it?
• Does it violate team, university or NCAA rules?
DON’T BET ON IT

Putting something at risk to win something in return on an amateur or pro sporting event is a sports wagering violation that risks your ELIGIBILITY.

WHAT THIS MEANS:

Even though it is LEGAL in N.J. to place a bet, it is VIOLATION as an NCAA student-athlete to do so!
NCAA rules prohibit athletes and coaches at all competition levels, as well as any employees of an institution's athletics department, a conference office or the NCAA's national office, from betting on sports.
DON’T BET ON IT

THIS INCLUDES PARTICIPATION IN SUPER BOWL SQUARES, FANTASY LEAGUES, ONLINE BETS, BETTING APPS, PARLAY CARDS AND PROP BETS
IF YOU DON’T KNOW ASK